



PROTEIN

PERSONALISED NUTRITION FOR HEALTHY LIVING

T4.1

## WP4 – Personalised nutrition mobile application

T4.1



### Smart food identification

Sophisticated solutions for image-based food recognition, intake quantity estimation and packaged food identification fostering improved user experience of meal logging

T4.2



### Pre/post/during meal analysis

Novel devices and data processing pipelines for capturing and analysis of electrogastrogram, bowel sounds, breath VOCs and multi-modal in-meal eating mechanics to gain new insights into eating behaviour and related health characteristics

T4.3



### IoT monitoring

IoT adaptation layer along with physical activity tracking and vital signal analysis to facilitate AI-based health hazards prediction.

T4.4

T4.5



### Mobile application

Mobile application for smart, user-friendly and personalised nutritional self management, with customised physical activity plans and automatic food shopping

T4.6



### Gamification & game suite

Improved user engagement and behavioural change motivation via novel gamification techniques and persuasive serious games

#### KEY PARTNERS



CERTH  
CENTRE FOR  
RESEARCH & TECHNOLOGY  
HELLAS

